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ABOUT KYUDO: THE REAL TRUTH

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Kyudo - Japanese Philosophy

~~Kyudo The Way Of The~~

Kyudo: The Way of the Bow is the

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authoritative guide to the technique and philosophy of the ancient art of Japanese archery. Originally a samurai discipline, kyudo integrates technical skill with the development of a completely focused and disciplined mind.

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~~Amazon.com: Kyudo: The Way of
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Kyudo: The Way of the Bow is the authoritative guide to the technique and philosophy of the ancient art of Japanese archery. Originally a samurai discipline,

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kyudo integrates technical skill with the development of a completely focused and disciplined mind.

~~Kyudo: The Way of the Bow by
Feliks F. Hoff, Paperback ...~~

Kyudo, which literally means The

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Way of the Bow, is considered by many to be the purest of all the martial ways. In the past, the Japanese bow was used for hunting, war, court ceremonies, games, and contests of skill. The original word for Japanese archery was kyujutsu(bow technique)

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which encompassed the skills and techniques of the warrior archer.

~~Kyudo: Japanese Archery~~

Kyudo is a form of meditation just like Zazen (sitting meditation) or Kinhin (walking meditation).

Kyudo is one of the most spiritual

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of the martial arts. The arrow is shot in a coordinated system of "spirit, bow and body as one."
The Hassetsu (stages) of shooting the Yumi (bow) are:

~~Kyudo ZenBegin, Live your Life
the Zen Way~~

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Kyudo: The Way of the Bow is the authoritative guide to the technique and philosophy of the ancient art of Japanese archery. Originally a samurai discipline, kyudo integrates technical skill with the development of a completely focused and

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disciplined mind.

~~Kyudo — Shambhala Publications~~
Literally meaning the 'way of the bow', the roots of kyudo lie in ancient Shinto tradition, which has ritualized the use of bows and arrows for over 2,000 years.

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~~Kyudo Japanese Archery~~
~~Unmissable Japan~~

Kyudo-the Way of the Bow-is the oldest of Japan's traditional martial arts and the one most closely associated with bushido, the Way of the Warrior. After the

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Second World War Eugen Herrigel introduced the concept of kyudo to the West in his classic Zen in the Art of Japanese Archery.

~~Kyudo: The Essence and Practice of Japanese Archery ...~~

The way is not with the bow, but

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with the bone, which is of the greatest importance in shooting. Placing Spirit (Kokoro) in the center of the whole body, with two-thirds of the Yunde (left arm) push the string, and with one-third of the Mete (right arm) pull the bow. Spirit settled, this

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becomes harmonious unity.

~~About Kyudo □ International Kyudo
Federation □□□□□□~~

The Practice of Japanese Zen
Archery KYUDO: THE WAY OF THE
BOW Kyudo integrates technical
skill with the development of

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completely focused and disciplined mind. Influenced by Shintoism and Zen, it is a path of self-development and meditation that requires the archer to cultivate precision, a clear mind, and freedom from fear.

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~~GEKKO KYUDOJO~~

Kyūdō (Japanese: 弓道) is the Japanese martial art of archery. Experts in kyūdō are referred to as kyūdōka (弓道家). Kyūdō is based on kyūjutsu ("art of archery"), which originated with the samurai class

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of feudal Japan. Kyūdō is practised by thousands of people worldwide. As of 2005, the International Kyudo Federation had 132,760 graded members.

~~Kyūdō — Wikipedia~~

Kyudo (pronounced "cue-dough")

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literally means, "the way of the bow". Older military traditions in Japan were called kyujitsu, which means something closer to "skill with the bow", the jitsu part giving a fighting context.

~~Kyudo, the way of the bow and~~

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~~the pursuit of Zen in ...~~

Kyudo is an ascetic practice. It is a quest for the ultimate essence of the art. In Kyudo, the competitive aspect grows through aiming and hitting the target. Along the way, there comes a point when practitioners learn

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that if you get too preoccupied in just hitting the target, you will most likely start to lose your calm.

~~Mental Attitude of
Kyudo □ International Kyudo
Federation □□□□□□~~

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Discover the Art of Kyudo. Centuries ago in Japan, archery was regarded as the highest discipline of the Samurai warrior. Then, as the bow lost its significance as a weapon of war, and under the influence of Buddhism, Shinto, Daoism and

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Confucianism, Japanese archery evolved into Kyudo, the “Way of the Bow”, a powerful and highly refined contemplative practice.

~~SAVE THE DATE — Kyudo: The
Way of the Bow — Dechen Chöling~~
Kyudo: The Way of the Bow is the

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authoritative guide to the technique and philosophy of the ancient art of Japanese archery. Originally a samurai discipline, kyudo integrates technical skill with the development of a completely focused and disciplined mind.

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~~Kyudo : The Way of the Bow~~
~~Walmart.com Walmart.com~~

Kyudo is the Way of the Bow. The Japanese bow is large, supple, and is made of wood and bamboo. Because the act of shooting reflects the inner

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working, the heart, of the archer,
Kyudo is a path of self-discovery.

~~San Francisco Muyoshingetsu
Kyudo, the Spiritual Path of ...~~

Kyudo (the way of the bow) is the
modern Japanese martial art
(gendai budō) of archery; kyudo

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practitioners may be known as kyūdōjin, experts in Kyudo are referred to as kyūdōka. Kyudo is based on kyūdōjutsu (art of archery), which originated with the samurai class of feudal Japan. (1) Kyudo is practiced by thousands of people worldwide.

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~~Kyudo ~ The Way of the Bow |
dykiegirl's Karate Blog~~

Kyudo is distinguished by the fact that it is not practiced as sport, or as a modern self-defense system that embodies a classical military tradition, but as a form of spiritual

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practice associated with Zen.

~~FightingArts.com — Kyudo: Way Of
The Bow — Part 2~~

Because the practice of kyudo involves little in the way of hard physical activity, spirit is extremely important. When the

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spirit is weak the shooting becomes dull and lifeless. Onuma sensei taught that if the spirit is strong one will appear like a deep-flowing river, calm on the surface but with tremendous power hidden in the depths.

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